

What's New at Artemis Center?

Executive Director's Corner

Dear Friends,

I am so excited to write my first introduction as the new Executive Director of Artemis Center! For the past 21 years I have had the absolute pleasure to work for Artemis. I have been able to work with amazing individuals, both at Artemis and in the community who provide lifesaving services to domestic violence survivors and their children.

My career at Artemis started off under the direction of one of our founding mothers, Nancy Grigsby, who instilled in us that clients are always at the center of our work, an ideology I value deeply today. Many people have asked me, "How can you do what you do"? My answer is always the same, "I do it because I am surrounded by an incredible staff who tirelessly demonstrate compassion, fierceness, passion for what they do, and strength. I do it because I believe those who have been silenced deserve to be heard and I can be that voice. I believe that we as a community can be that collective voice for victims of domestic violence.

[Click Here to Read More!](#)



Child and Family Therapy

"In therapy, some children start to believe that they are bad children because of their problems, and will accept their behavior as "who they are". With this intervention, called externalizing, we are able to separate the problem from the child. As shown below, the problem is Bossy and not the child. The reasoning behind this is because children are not problems. What abusive men in their lives have taught them is the problem."

- Kayla, Artemis Center Child and Family Therapist

WANTED: Bossy

Bossy is a HUGE problem that has gotten out of control! Please help one of our child client's keep Bossy away, FOR GOOD!

Bossy is a boy and can be found when someone is tired, overstimulated, when people are "hangry", when people are sad, tired, or when people are going between parent's houses.

We have searched for Bossy in a lot of places, here are some places where he is not found: Artemis, sometimes at school, and not when playing with baby sisters.

If you have seen Bossy, please dial 937-461-5091 to report him.

4,387

Victims of Domestic Violence and their children were provided life-changing services by Artemis Center in 2016.

Artemis Center

Dayton's Domestic Violence Resource Agency



Donor Spotlight

*McAfee Heating & Air
Conditioning*

During the 2016 holiday season, Artemis Center served nearly 100 families during our Building Hope Holiday Program. An alarming number of clients put the same thing on their wish lists: **beds**.

The **Safe Sleep Program** was created in January 2017, starting a partnership between Artemis Center and **McAfee Heating & Air Conditioning**. So far, McAfee has sponsored **35 brand-new twin beds** for clients and their children in need.

to achieve safety for themselves and their children.

[Click Here to Read More!](#)

Join Us for Our Upcoming Events!

Breaking the Cycle Benefit Breakfast

We hope you'll join us for Artemis Center's 5th annual **"Breaking the Cycle" Benefit Breakfast**, this year to be held on **Thursday, October 19th, 2017** at the **David H. Ponitz Center at Sinclair Community College**.

This **enlightening and heartfelt benefit** raises money to provide vital direct services to domestic violence victims/survivors and their children. You will also have the opportunity to **learn** about domestic violence, the work we do and how you can make a **impact** for victims/survivors in our community.

The program will begin promptly at **8:00 A.M. and conclude by 9:00 A.M.**, with doors opening at 7:30 A.M. Complimentary parking will be in the Sinclair Community College garage, with additional overflow parking available.

A light breakfast will be served. This crucial fundraiser is **free** to attend, please register by October 12, 2017.

[Click HERE to Register!](#)

Shine Your Light 5K + Vigil

In conjunction with Domestic Violence Awareness Month in October, **Artemis Center** and the **YWCA Dayton** are teaming up to hold our 1st annual **Shine Your Light 5K: A Glow Run + Vigil to Bring Domestic Violence Out of the Dark**.

The 5K, chip timed by Key Sports, will start and finish

Artemis  Center
Dayton's Domestic Violence Resource Agency

BREAKING
the cycle.

Benefit Breakfast | Thursday - **OCTOBER 19** - 2017



at RiverScape MetroPark in downtown Dayton, with an easy out-and-back course perfect for experienced runners, hobby joggers, students, walkers and families alike.

This event highlights domestic violence as a critical community issue and educates on the work of Artemis Center and YWCA Dayton. The event will include a community vigil to honor those lost to domestic violence and celebrate survivors, followed by an evening 5K run/walk/stroll (participants are encouraged to wear purple and bring accessories that glow or light up). Various vendors and informational tables will also be in attendance.

[Click HERE to Register!](#)

The Purple Purse Challenge

Artemis Center is excited to let you know that we will be participating again in

The ALLSTATE FOUNDATION PURPLE PURSE Challenge.

Last year, **with your support**, Artemis Center took **4th place** in this **NATIONWIDE** contest that raises money for organizations serving victims of domestic violence. We received **\$20,000 for 4th place**, and **\$10,000 in Bonus Challenge prizes**.

This year, the organization that raises the most will receive a **\$100,000 GRAND PRIZE donation**. We know that with your help, we will surpass our previous 4th place. We're ready to raise as much money as we can so we can win the \$100,000 grand prize donation!

The Purple Purse Challenge will run from **Monday, October 2 at 12 p.m. ET** through **Tuesday, October 31 at 1:59:59 p.m. ET**.

For more information on The Purple Purse Challenge, [CLICK HERE!](#)



Purple
Purse
Challenge

The Allstate Foundation

Share A Pint, Make a Difference!

From 5 PM to 8 PM, EVERY Tuesday, during the month of October, our friends at [Warped Wing Brewery](#) will be donating **\$1 of every pint sold** during these times to Artemis Center!

Artemis Center will also have a table set up at Warped Wing with information during these hours. Patrons can talk with an

SHARE A PINT MAKE A DIFFERENCE

Artemis Center
Dayton's Domestic Violence Resource Agency



Artemis employee about our services and upcoming events.

So join us! Share a pint and make a difference for Artemis Center!

Let your friends, family, and colleagues know you're going, and share the event [HERE!](#)

Wish List



- Cleaning Supplies
- Dish Detergent
- Sponges
- All Purpose Cleaner
- Wipes
- Laundry Detergent
- Garbage Bags
- Tool Kits



- Toilet Paper
- Ethnic Hair Care Products
- Tampons and Sanitary Napkins - All Sizes
- Dry Shampoo
- First Aid Kits
- Hand Sanitizer
- Tissues
- Diaper Bags



- Peanut Butter
- Jelly
- Hamburger Helper
- Pancake Mix and Syrup
- Macaroni and Cheese
- Canned Fruit
- Canned Soup
- Kids Snacks
- Pasta



- Wal-Mart
- Target
- Meijer
- Kroger
- VISA/MasterCard
- BP
- Speedway
- RTA Bus Passes
- Home Depot/Lowe's

5-7 Families

Each week receive support from our food, toiletry, and children's pantries.

Artemis Center

Dayton's Domestic Violence Resource Agency



Volunteer Spotlight: Pat Eshbaugh

Artemis Center lost a dear friend and longtime supporter, Pat Eshbaugh, who passed away unexpectedly on Tuesday, August 1, 2017. Pat was a dedicated volunteer babysitter with Artemis Center for close to nine years. She helped to organize our volunteer group of childcare providers that supported survivors of intimate partner violence and their children by providing tender love and care to children while their moms attended Artemis support groups. Pat enjoyed talking to, playing with, and getting to know the children that came to Artemis each week. She and her volunteer group not only gave their time, but brought in donations for Artemis Center pantries regularly. Pat also made sure her team would always provide school supplies for our children. Artemis Center staff, the parents attending support groups and their children, that Pat tirelessly served will miss her dearly.



Client Story

"Though the story of Crystal's* journey is not yet fully complete, as her advocate who has worked with her, I can attest to the fact that she has transformed herself from victim of domestic violence to strong survivor. I am proud of her and the work she has done to move herself forward and away from harm. I facilitated a support group that Crystal came to in February 2017.

She had left her batterer and an extremely physically, mentally, and emotionally violent relationship in Toledo, Ohio. She was honest about her unhealthy coping strategies and her struggling with an eating disorder. She appeared tiny and frail and stated that she only weighed 95 pounds. Crystal is an extremely intelligent young lady who had graduated from the University of Toledo with a degree in law, and was set to take the bar exam. Studying for and taking the bar exam were both put on hold during the course of her relationship with her batterer. Her batterer had convinced her that his needs came before hers, and that she would never be able to pass the bar

exam and become an attorney. Sadly, Crystal started to believe this to be true.

[Click Here to Read More!](#)



Legislation Updates

Supreme Court Decision Limits Batterers' Access to Guns

"The Office on Violence Against Women (OVW) is pleased to share important news about a recent Supreme Court decision that will enhance the ability of federal prosecutors to keep guns out of the hands of batterers. On March 26, the Court unanimously ruled in *United States v. Castleman* that federal law makes it a crime for people convicted of misdemeanor domestic violence offenses, however minor, to possess guns.

[Click Here to Read More!](#)

Healing Through Art

"Artemis Center's Healing Through Art Room allows our clients to safely express difficult feelings and how to cope with traumatic memories and triggers. Art helps provide a voice to our survivors while they are going through the healing process. Creating images becomes an empowering outlet where past experiences do not have to be spoken out loud. This helps survivors gain a sense of grounding, strength, safety, understanding and hope.

Clients who attend our support groups use the art room to create beautiful works of art. One project allowed clients to paint stepping stones, each stone symbolizing steps they have taken throughout their healing process. Some of the stones can be seen in the flower gardens of the Artemis Center. Our survivors are proud to have their art displayed for all who visit our building."

-Charlsie, *Artemis Advocate*



In Their Shoes Project

Artemis Center is proud to announce the start of *In Their Shoes: Teens and Dating Violence* Program. This program is a scenario-based training designed to help



participants talk about what dating is like for today's teens-from their perspective. Participants become teen characters, make choices about their relationships, and see what happens. This program is intended to help teens see a snapshot of unhealthy relationships and provides a platform for healthy discussion about relationships and what opportunities exist to support those experiencing them.

In June, as a pilot for the program, teens in the Montgomery County Juvenile Courts Reclaiming Futures program were able to experience *In Their Shoes* first-hand. The students spent a few hours going through the simulation and then talked about the experience in an "in-the-round" discussion.



Teens were able to give feedback during the discussion and also continued the conversation after the experience.



"My mother was physically abused and it was heartbreaking to see this every day, especially since I was taught that no man should raise his hand to a woman. Seeing my mother get beat by her boyfriend was not easy, but she was strong and made it out of the situation. It took her some time, but she did it. The *In Their Shoes* experience hit very close to home and made me realize how lucky I am that my mom made it out alive. *In Their Shoes* helped me understand that if you are in an abusive relationship there is always help available and you are not alone."
-Casey*, 16 years old.

[Click Here to Read More!](#)



**20 PER
MINUTE**

In the United States, an average of 20 people are physically abused by intimate partners every minute; that is more than 10 million abuse victims annually.

Here's How YOU Can Support Artemis Center!

Artemis Center cannot make a difference in the lives of the those experiencing domestic violence without you!

Your gift makes it possible to provide vital programs and services free of charge to victims and their families living under the shadow of domestic violence. Your generosity helps families to reclaim their lives.

Donate Directly: Donate directly to Artemis Center by sending a check, donate online, designate a donation from your charitable checking account/foundation or call our office at 937-461-5091.

Matching Gifts: With matching gifts, you can double or even triple the amount of your gift to Artemis Center. Take advantage of the matching gifts programs at your company. Contact your human resources department to request a matching gift form and instructions regarding your employer's matching gifts process.

Estate and Gift Planning: Including Artemis Center in your estate planning has many benefits including an estate tax charitable deduction, reduced tax burden for your heirs and you leave a lasting legacy helping victims of domestic violence in our community.

Leadership Society: Consider joining our Leadership Society. This exemplary circle of donors provides individual gifts of \$1000+ each year and make a significant impact to those living in fear for their lives.

In-Kind Donations: Frequently, women and children come to Artemis Center with nothing more than the clothes on their backs. That's why many businesses, organizations and individuals support Artemis Center by donating or holding donation drives to provide families experiencing domestic violence with the necessities for daily living—food, personal hygiene items, school supplies, household items, etc. For a detailed list visit www.artemiscenter.org.

Artemis Center

24 Hour Hotline: 937-461-HELP (4357)

Business Line: 937-461-5091 | Fax: 937-531-5705

[Email Us!](#)

[Visit Our Website!](#)

