# Artemis Center Summer Newsletter 2019

#### **Executive Director's Corner**

We have heard the catch phrase "Dayton Strong" throughout our community since the Memorial Day tornados, and our community has rallied together to rebuild and restore our neighborhoods back to normalcy.

According to the World Health Organization, domestic violence spikes after natural disasters and the impact of the disaster on domestic violence survivors is great and long lasting.



Domestic violence is about power and control, and many power and control wheels have been created to illustrate the different dynamics that occur in an abusive relationship. Florida Coalition Against Domestic Violence created a power and control wheel titled, "After the Disaster Power and Control." Many of the dynamics stay the same; emotional abuse, intimidation, threats, isolation, etc. However, they manifest differently. For example, the abuser may use stress caused by the disaster as an excuse for physical abuse; the abuser may monitor the survivor as she is interviewed by a community volunteer to make sure she does not disclose how her injuries occurred; or the abuser may take the survivor's FEMA money and use it improperly or withhold it entirely.

In general, a natural disaster increases the demand for community services. As a result, getting access to counseling, housing, courts and schools becomes more difficult. For those families that experience additional barriers, such as language and material poverty, the struggle to access vital services can become even more daunting. As domestic violence survivors experience the lack of resources, their feelings of hopelessness grow.

Since Memorial Day, we have seen an increase in our crisis calls and walk-ins (survivors coming to the agency without appointments). Our advocates provide emotional support, safety planning, pantry items, information and referrals to community resources for those who reach out. We understand that the complexities of emotional trauma from a natural disaster on top of the trauma of domestic violence can compound survivors' needs and complicate their healing process. Our compassionate staff at Artemis Center are here to help survivors on their journey towards safety and healing.

We are proud of the work we do to help the vulnerable in our community be "Dayton Strong", and we couldn't do it without you. As always, thank you for your support.

Sincerely,

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Jane Keiffer, MSW, LISW-S Artemis Center Executive Director

## **Artemis Family Night**

Family Night is a new, quarterly event that brings Artemis Center clients and their children together for a fun and relaxing evening. Artemis Center is working with local partners to provide a healthy meal, an interactive experience, and other educational opportunities that bring our families together in a safe, supportive, and peaceful environment.

In 2019, Artemis Center has hosted two family nights. First, local Dayton author, Katie Seitz Weisenbarger, came to share her book, Domino the Clumsy Cat, with our families. Everyone had the opportunity to participate in story time and go on an adventure with Domino the cat.

At the second family night, comedian, juggler, and ventriloquist Mike Hemmelgarn entertained our families. Children assisted in putting on the show, and even showed off some card tricks of their own. Each family night, participants shared a meal, played cooperative games, and strengthened their relationships. Family Night has been an excellent addition for Artemis Center clients, and we look forward to continuing them in the future!



#### Building Agency Bridges: Artemis Center and Daybreak Working Together

Artemis Center and Daybreak, an emergency shelter in Dayton serving youth ages 10-25, have recently partnered to share specialized knowledge, problemsolve around systemic barriers, and work toward making services more accessible for youth who experience domestic or dating violence. As part of this effort, Daybreak's clinical director, Matt West, and manager of InReach Services, Jill Bucaro, presented the Montgomery County Alcohol, **Drug Addiction & Mental Health** Services (ADMHS) traumainformed care training to Artemis clinical staff.

In turn, Artemis facilitated Domestic Violence Education and In Their Shoes, a program for young people to talk about dating violence and healthy relationships.

Both agencies' staff members were able to learn from each other's experiences, and how their clients could benefit from learning more about healthy dating relationships and the effects of domestic violence. This partnership has led to the process of creating a pathway to easily access Artemis services with a warm hand-off, as well as reducing barriers for our clients who need to enter shelter. It is a win-win for both agencies!

To learn more about Daybreak, click here!



# Back to School Wishlist

Help Artemis families prepare to go back to school by donating the school supplies on our wishlist:

Protractors Rulers Hand sanitizer Kleenex Clorox wipes Paper towels Graph paper Copy paper Headphones Highlighters Calculators (TI-15) Wireless mouse

Dry erase markers & erasers Spiral bound index cards Multi colored construction paper Gallon, quart and snack sized zip-loc bags Flash drives (at least 1GB)





### Artemis Center Men's Advocacy Group

After a successful 2018 Dayton Men Against Domestic Violence Campaign, Artemis Center launched a Men's Advocacy Group. This group of committed volunteers and community leaders are working on various projects to help Artemis clients and to bring more awareness of domestic violence to the Dayton region. The Men's Group is currently working on a project that will help Artemis Center clients build their credit. The goal is to increase domestic violence survivors' access to the resources they need to achieve self-sufficiency and reach their financial goals.

Leadership by local Allstate Agent/Owner Tony Cali and technical support from a Wright-Patt Credit Union team led by Frank Petrie, Director of Retail Mortgages, have been instrumental in getting this program off the ground.

If you are interested in helping domestic violence survivors and supporting Artemis Center in our mission of Leading the Community in its Commitment to End Domestic Violence, contact Kelly Sexton at 937-531-5709 about volunteering with the Men's Advocacy Group.

## **Call for Nominations**

Dayton Men Against Domestic Violence is an awareness campaign designed to open up a larger conversation with local leaders in our community about the role that men have in advocating against violence, specifically violence in our homes. With over 60 participants in 2018, Artemis Center was thrilled with the response from men in the Dayton community who stepped up to show their support. Nominations are now open and due by **August 1st** at **5pm**. Visit **artemiscenter.org/events** for the nomination form.



Artemis Center is in need of volunteers to help us with our 24/7 domestic violence crisis line for those dealing with domestic violence. This important volunteer opportunity supports those seeking information and life-saving services to get the resources that they need to stay safe. For more information, please visit our website at www. artemiscenter.org, or email our clinical director at karenm@artemiscenter.org Save the Date for Domestic Violence Awareness Month Events!





6:30pm - 9:00 pm

Saturday, October 12th Thursday, October 17th 8:00am - 9:00am

> Thanks for reading! **Stay Connected with Artemis Center:**

@ArtemisCenterDayton

24/7 Hotline: 937-461-HELP Business Line: 937-461-5091

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